# Symmetry breaking of solitons in two-dimensional complex potentials 

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#### Abstract

Symmetry breaking is reported for continuous families of solitons in the nonlinear Schrödinger equation with a two-dimensional complex potential. This symmetry breaking is forbidden in generic complex potentials. However, for a special class of partially parity-time-symmetric potentials, it is allowed. At the bifurcation point, two branches of asymmetric solitons bifurcate out from the base branch of symmetry-unbroken solitons. Stability of these solitons near the bifurcation point are also studied, and two novel properties for the bifurcated asymmetric solitons are revealed. One is that at the bifurcation point, zero and simple imaginary linear-stability eigenvalues of asymmetric solitons can move directly into the complex plane and create oscillatory instability. The other is that the two bifurcated asymmetric solitons, even though having identical powers and being related to each other by spatial mirror reflection, can possess different types of unstable eigenvalues and thus exhibit nonreciprocal nonlinear evolutions under random-noise perturbations.


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## I. INTRODUCTION

Parity-time ( $\mathcal{P} \mathcal{T}$ )-symmetric systems are dissipative systems with balanced gain and loss. The name of $\mathcal{P} \mathcal{T}$ symmetry was derived from non-Hermitian quantum mechanics with complex potentials [1]. This concept has since been applied to optics [2,3], Bose-Einstein condensation [4], electric circuits [5], mechanical systems [6], and other settings. $\mathcal{P} \mathcal{T}$ symmetric systems have some remarkable properties, such as all-real linear spectra [1,7-9] and existence of continuous families of solitons [8-27], which set them apart from other dissipative systems and make them resemble conservative systems. In multidimensions, the concept of $\mathcal{P T}$ symmetry has been generalized to include partial-parity-time ( $\mathcal{P \mathcal { P } \mathcal { T } ) ~}$
 share most of the properties of $\mathcal{P} \mathcal{T}$ systems [28]. Even some non- $\mathcal{P} \mathcal{T}$-symmetric systems have been found to possess certain properties of $\mathcal{P T}$ systems, such as all-real linear spectra [29-31] and/or existence of soliton families [32,33].

Symmetry-breaking bifurcation for continuous families of solitons in symmetric systems is a fascinating phenomenon. In conservative systems with real symmetric potentials, such symmetry breaking occurs frequently [34-43]. That is, branches of asymmetric solitons can bifurcate out from the base branch of symmetric solitons when the power of symmetric solitons is above a certain threshold. But in $\mathcal{P} \mathcal{T}$ symmetric complex potentials, such symmetry breaking is generically forbidden [44]. Mathematically the reason for this forbidden bifurcation is that this bifurcation requires infinitely many nontrivial conditions to be satisfied simultaneously, which is generically impossible. Intuitively this forbidden bifurcation can be understood as follows. Should it occur, continuous families of asymmetric solitons would be generated. Unlike in conservative systems, these asymmetric solitons in $\mathcal{P} \mathcal{T}$ systems would require not only dispersionnonlinearity balancing but also gain-loss balancing, which is generically impossible. Surprisingly for a special class of one-dimensional (1D) $\mathcal{P} \mathcal{T}$-symmetric potentials of the form $V(x)=g^{2}(x)+\alpha g(x)+i g^{\prime}(x)$, where $g(x)$ is a real even function and $\alpha$ a real constant, symmetry breaking of solitons was reported very recently [45]. This invites a natural question:
can this symmetry breaking occur in 2D complex potentials? If so, what types of 2D complex potentials admit such symmetry breaking?

In this article, we study symmetry-breaking bifurcations of continuous families of solitons in 2D complex potentials. We show that in a special class of $\mathcal{P} \mathcal{P} \mathcal{T}$-symmetric separable potentials, symmetry breaking can occur. Specifically, from a base branch of $\mathcal{P} \mathcal{P} \mathcal{T}$-symmetric solitons and above a certain power threshold, two branches of asymmetric solitons with identical powers can bifurcate out. At the bifurcation point, the base branch of $\mathcal{P} \mathcal{P} \mathcal{T}$-symmetric solitons changes stability, analogous to conservative systems. However, the bifurcated asymmetric solitons can exhibit new stability properties which have no counterparts in conservative systems. One novel property is that at the bifurcation point, the zero and simple imaginary eigenvalues in the linear-stability spectra of asymmetric solitons can move directly into the complex plane and create oscillatory instability. Another novel property is that the two asymmetric solitons can possess different types of linear-instability eigenvalues. As a consequence, these two asymmetric solitons, which are related to each other by spatial mirror reflection, can exhibit nonreciprocal evolutions under random-noise perturbations.

## II. SYMMETRY BREAKING OF SOLITONS

Nonlinear beam propagation in an optical medium with gain and loss can be modeled by a nonlinear Schrödinger equation [46],

$$
\begin{equation*}
i \Psi_{z}+\nabla^{2} \Psi+V(x, y) \Psi+\sigma|\Psi|^{2} \Psi=0 \tag{2.1}
\end{equation*}
$$

where $z$ is the propagation distance, $(x, y)$ is the transverse plane, $\nabla^{2}=\partial_{x x}+\partial_{y y}, V(x, y)$ is a complex potential, and $\sigma= \pm 1$ is the sign of nonlinearity.

Solitons in Eq. (2.1) are sought of the form

$$
\begin{equation*}
\Psi(x, y, z)=e^{i \mu z} \psi(x, y), \tag{2.2}
\end{equation*}
$$

where $\mu$ is a real propagation constant, and $\psi(x, y)$ is a localized function solving the equation

$$
\begin{equation*}
\nabla^{2} \psi+V(x, y) \psi+\sigma|\psi|^{2} \psi=\mu \psi . \tag{2.3}
\end{equation*}
$$

If the complex potential $V(x, y)$ is $\mathcal{P} \mathcal{T}$ symmetric or $\mathcal{P} \mathcal{P} \mathcal{T}$ symmetric, continuous families of $\mathcal{P} \mathcal{T}$-symmetric or $\mathcal{P} \mathcal{P} \mathcal{T}$-symmetric solitons are admitted [18,28], but symmetry breaking of such solitons is generically forbidden [44]. However, for certain special forms of 1D $\mathcal{P} \mathcal{T}$ potentials, symmetry breaking of 1 D solitons has been reported very recently [45].

In this article, we show that symmetry breaking of 2D solitons is also possible in the model (2.1) for a special class of complex potentials,

$$
\begin{equation*}
V(x, y)=g^{2}(x)+\alpha g(x)+i g^{\prime}(x)+h(y) \tag{2.4}
\end{equation*}
$$

where $g(x)$ is a real even function, i.e.,

$$
g(-x)=g(x)
$$

$h(y)$ is an arbitrary real function, and $\alpha$ is a real constant. This potential is separable in $(x, y)$, and its imaginary part is $y$ independent. In addition, this potential is $\mathcal{P} \mathcal{P} \mathcal{T}$ symmetric, i.e.,

$$
\begin{equation*}
V^{*}(x, y)=V(-x, y) \tag{2.5}
\end{equation*}
$$

where the asterisk represents complex conjugation. Due to separability of this potential, it is easy to see that its linear spectrum can be all real [28]. Note that a potential of the form in Eq. (2.4) but with $x$ and $y$ switched is equivalent to Eq. (2.4) and thus does not deserve separate consideration.

The $x$ component of the separable potential (2.4) is the same as the 1D complex potential for symmetry breaking as reported in Ref. [45], but the $y$ component of this separable potential is real and quite different. Should this $y$ component be complex and also take the form of its $x$ component, we have found that symmetry breaking would no longer occur. This indicates that symmetry breaking in the special 2D potential (2.4) is by no means obvious and cannot be anticipated from the 1D potential for symmetry breaking in Ref. [45].

Below we use two explicit examples of the potential (2.4) to demonstrate symmetry breaking of 2D solitons and reveal their unique linear-stability properties.

Example 1. In our first example, we take the potential (2.4) with

$$
\begin{gather*}
g(x)=0.3\left[e^{-(x+1.2)^{2}}+e^{-(x-1.2)^{2}}\right]  \tag{2.6}\\
\alpha=10, \quad h(y)=0 \tag{2.7}
\end{gather*}
$$

This is a $y$-independent stripe potential which is illustrated in Fig. 1. The spectrum of this potential is all real, and all eigenvalues lie in the continuous spectrum of $(-\infty, 2.0569$ ].

Solitons in Eq. (2.3) under this potential will be computed by the Newton-conjugate-gradient method. This method features high accuracy as well as fast speed. The application of this method for solitons in conservative systems has been described in Refs. [47,48]. In those cases, the linear Newton-correction equation was self-adjoint and thus could be solved directly by preconditioned conjugate gradient iterations. However, the present Eq. (2.3) is dissipative; hence the resulting Newtoncorrection equation is non-self-adjoint. In this case, direct conjugate gradient iterations on this equation would fail, and it is necessary to turn this equation into a normal equation and then solve it by preconditioned conjugate gradient iterations.


FIG. 1. (Color online) A stripe complex potential (2.4) with Eqs. (2.6) and (2.7) in Example 1. (a) $\operatorname{Re}(V)$; (b) $\operatorname{Im}(V)$.

In the Appendix, this Newton-conjugate-gradient method for Eq. (2.3) is explained in more detail.

Using this Newton-conjugate-gradient method, we find that from the edge of the continuous spectrum $\mu_{0}=2.0569$, a continuous family of solitons $\psi_{s}(x, y ; \mu)$, localized in both $x$ and $y$ directions, bifurcates out. The power curve of this soliton family is displayed in Fig. 2 (blue curve in the first row). Here the power is defined as

$$
P(\mu)=\int_{-\infty}^{\infty} \int_{-\infty}^{\infty}|\psi(x, y ; \mu)|^{2} d x d y .
$$

At two points, $a$ and $b$, of this power curve, soliton profiles are shown in Fig. 2 (the second and third rows). These solitons respect the same $\mathcal{P} \mathcal{P} \mathcal{T}$ symmetry of the potential, i.e.,

$$
\begin{equation*}
\psi_{s}^{*}(x, y)=\psi_{s}(-x, y) \tag{2.8}
\end{equation*}
$$

The existence of this soliton family respecting the same symmetry of the potential is anticipated.

What is surprising is that, when the power of this soliton family reaches a critical value $P_{c} \approx 8.60$, two branches of asymmetric solitons bifurcate out through a pitchfork bifurcation. These asymmetric solitons do not respect the $\mathcal{P} \mathcal{P} \mathcal{T}$ symmetry (2.8). At the same $\mu$ value, they have identical powers and are related to each other through a spatial reflection:

$$
\begin{equation*}
\psi_{a}^{(1) *}(x, y)=\psi_{a}^{(2)}(-x, y) \tag{2.9}
\end{equation*}
$$

The power curve of these two branches of asymmetric solitons is plotted in Fig. 2 (red curve in the first row). Notice that unlike the symmetric (base) branch, the power slope of these asymmetric branches is negative at the bifurcation point. At point c of the asymmetric branches, the profile for one of the two asymmetric solitons is displayed in Fig. 2 (the bottom row). Asymmetry in its profile can clearly be seen. These solitons have lost the $\mathcal{P} \mathcal{P} \mathcal{T}$ symmetry of the underlying potential; thus symmetry breaking has occurred.

Next we analyze linear stability of these symmetric and asymmetric solitons. To determine linear stability, we perturb these solitons as

$$
\Psi(x, y, z)=e^{i \mu z}\left[\psi(x, y)+\tilde{u}(x, y) e^{\lambda z}+\tilde{w}^{*}(x, y) e^{\lambda^{*} z}\right],
$$

where $|\tilde{u}|,|\tilde{w}| \ll|\psi|$. After substitution into Eq. (2.1) and linearizing, we arrive at the eigenvalue problem

$$
\begin{equation*}
\mathcal{L}\binom{\tilde{u}}{\tilde{w}}=\lambda\binom{\tilde{u}}{\tilde{w}} \tag{2.10}
\end{equation*}
$$



FIG. 2. (Color online) Symmetry breaking of solitons in Example 1. First row: Power curves of symmetric (blue) and asymmetric (red) solitons; the right panel is an amplification of the left panel around the bifurcation point. Second to fourth rows: Soliton profiles at points $\mathrm{a}, \mathrm{b}$, and c of the power curve. Left panels: Amplitude fields. Right panels: Phase fields.
where

$$
\mathcal{L}=i\left(\begin{array}{ll}
\mathcal{L}_{11} & \mathcal{L}_{12} \\
\mathcal{L}_{21} & \mathcal{L}_{22}
\end{array}\right)
$$

and

$$
\begin{aligned}
& \mathcal{L}_{11}=\nabla^{2}+V-\mu+2 \sigma|\psi|^{2} \\
& \mathcal{L}_{12}=\sigma \psi^{2}, \quad \mathcal{L}_{21}=-\sigma\left(\psi^{2}\right)^{*} \\
& \mathcal{L}_{22}=-\left(\nabla^{2}+V-\mu+2 \sigma|\psi|^{2}\right)^{*}
\end{aligned}
$$

If eigenvalues with positive real parts exist, the soliton is linearly unstable; otherwise it is linearly stable.

Linear-stability eigenvalues exhibit important differences for symmetric and asymmetric solitons. For symmetric solitons $\psi_{s}(x, y)$, it is easy to show from soliton symmetry (2.8) and potential symmetry (2.5) that, if $\{\lambda, \tilde{u}(x, y), \tilde{w}(x, y)\}$
is an eigenmode, then so are $\left\{\lambda^{*}, \tilde{w}^{*}(x, y), \tilde{u}^{*}(x, y)\right\}$, $\{-\lambda, \tilde{w}(-x, y), \tilde{u}(-x, y)\}$, and $\left\{-\lambda^{*}, \tilde{u}^{*}(-x, y), \tilde{w}^{*}(-x, y)\right\}$. Thus for symmetric solitons, real and imaginary eigenvalues appear as pairs $(\lambda,-\lambda)$, and complex eigenvalues appear as quartets $\left\{\lambda, \lambda^{*},-\lambda,-\lambda^{*}\right\}$.

For asymmetric solitons, however, the situation is different. While it is still true that if $\lambda$ is an eigenvalue, so is $\lambda^{*}$, but due to the lack of soliton symmetry (2.8), $-\lambda$ and $-\lambda^{*}$ are no longer eigenvalues. In other words, for asymmetric solitons, complex eigenvalues appear as conjugate pairs ( $\lambda, \lambda^{*}$ ), not as quartets, and real eigenvalues appear as single eigenvalues, not as $(\lambda,-\lambda)$ pairs. These differences on eigenvalue symmetry between symmetric and asymmetric solitons will have important implications, as we will see later in this section.

For the two branches of asymmetric solitons, their linearstability eigenvalues are related. Indeed, from the mirror symmetry (2.9) between these two bifurcated soliton branches, it is easy to see that if $\lambda$ is an eigenvalue of the soliton $\psi_{a}^{(1)}(x, y ; \mu)$, then $-\lambda^{*}$ will be an eigenvalue of the companion soliton $\psi_{a}^{(2)}(x, y ; \mu)$. In other words, the linear-stability spectrum of the soliton $\psi_{a}^{(1)}(x, y ; \mu)$ is a mirror reflection of that spectrum of the companion soliton $\psi_{a}^{(2)}(x, y ; \mu)$ around the imaginary axis.

The eigenvalue problem (2.10) can be computed by the Fourier collocation method (for the full spectrum) or the Newton-conjugate-gradient method (for individual discrete eigenvalues) [48]. We find that near the symmetry-breaking bifurcation point $\mu_{c} \approx 2.33$, symmetric solitons are stable before the bifurcation point ( $\mu<\mu_{c}$ ) and unstable after it $\left(\mu>\mu_{c}\right)$, and both branches of asymmetric solitons are unstable. This stability behavior is marked on the power curve in Fig. 3 (upper left panel). To shed light on the origins of these stabilities and instabilities, linear-stability spectra at three points, a-c, of this power curve, for the three solitons displayed in Fig. 2, are displayed in panels Figs. 3(a)-3(c),


FIG. 3. (Color online) Linear-stability behaviors of solitons near the symmetry-breaking point in Example 1. Upper left panel: The power curve with stability marked (solid blue for stable and dashed red for unstable). (a-c) Linear-stability spectra for the solitons at points $\mathrm{a}, \mathrm{b}$, and c of the power curve.
respectively. We see from Fig. 3(a) that before the bifurcation, the symmetric soliton has a pair of discrete eigenvalues on the imaginary axis. At the bifurcation point, this pair of imaginary eigenvalues coalesce at the origin. After bifurcation, these coalesced eigenvalues split along the real axis in opposite directions for both symmetric and asymmetric solitons. Along the symmetric branch, the two split eigenvalues form $\mathrm{a}(\lambda,-\lambda)$ pair [see Fig. 3(b)]. But along the asymmetric branches, the two split eigenvalues do not form a $(\lambda,-\lambda)$ pair since they have different magnitudes [see Fig. 3(c)]. These spectra show that the instability of symmetric and asymmetric solitons after bifurcation is due to the zero-eigenvalue splitting along the real axis at $\mu=\mu_{c}$, and this instability is exponential (caused by real eigenvalues).

It is interesting to observe that the power-curve structure and the associated stability behaviors in Fig. 3 (upper left panel) resemble those in the conservative generalized nonlinear Schrödinger equations with real potentials (see Fig. 2(c) in Ref. [43]). In that conservative case, it was shown that if the power slopes of the symmetric and asymmetric solitons at the bifurcation point have opposite signs, then both solitons will share the same stability or instability [43]. Figure 3 of the present article suggests that such a statement might hold for complex potentials as well.

The linear-stability results of Fig. 3 are corroborated by nonlinear evolution simulations of those solitons under random-noise perturbations. To demonstrate, we perturb the three solitons of Fig. 2 by $1 \%$ random-noise perturbations, and their nonlinear evolutions are displayed in Fig. 4. As can be seen, the perturbed symmetric soliton before bifurcation shows little change even after $z=100$ units of propagation, confirming that it is linearly stable (see top row of Fig. 4). The perturbed symmetric soliton after bifurcation, on the other hand, clearly breaks up and evolves into a highly asymmetric profile after 20 units of propagation, confirming that it is linearly unstable (see middle row of Fig. 4). The perturbed asymmetric soliton, whose initial intensity hump is located at the right side, also breaks up and evolves into a profile whose intensity hump moves to the left side after 50 units of propagation, confirming that it is linearly unstable as well (see bottom row of Fig. 4).

Example 2. In our second example, we take the potential (2.4) with

$$
g(x)=0.3\left[e^{-(x+1.2)^{2}}+e^{-(x-1.2)^{2}}\right], \quad \alpha=10
$$

and

$$
h(y)=2\left[e^{-(y+1.2)^{2}}+0.8 e^{-(y-1.2)^{2}}\right]
$$

This potential is illustrated in Fig. 5. Its real part is no longer a stripe potential, nor is it symmetric in $y$. The spectrum of this potential is all-real, and it consists of three discrete eigenvalues of $\{2.5643,2.5689,3.2028\}$ and the continuous spectrum of ( $-\infty, 2.0569$ ].

From the largest discrete eigenvalue of $\mu_{0}=3.2028$, a continuous family of $\mathcal{P} \mathcal{P} \mathcal{T}$-symmetric solitons bifurcates out. The power curve of this soliton family is plotted in Fig. 6(A) (blue curve). When the power of these solitons reaches a threshold of $P_{c} \approx 5.24$ (at $\mu_{c} \approx 3.56$ ), two branches


FIG. 4. (Color online) Nonlinear evolutions of the three solitons in Fig. 2 under $1 \%$ random-noise perturbations (locations of these solitons on the power curve are marked in both Figs. 2 and 3).
of asymmetric solitons bifurcate out, whose power curves are also displayed in Fig. 6(A) (red curve). As before, these two asymmetric solitons are related to each other by Eq. (2.9); thus they have identical powers. Enlargement of this power curve near the bifurcation point is shown in Fig. 6(B). At points a-d of this amplified power diagram, the solitons' amplitude profiles are plotted in Fig. 6 (middle and bottom rows). Here points $c$ and $d$ are the same power points but on different asymmetric-soliton branches. We can see that solitons at points a and b of the base branch are $\mathcal{P} \mathcal{P} \mathcal{T}$ symmetric, with point a before bifurcation and point $b$ after it. The solitons at points c and d of the bifurcated branches, however, are asymmetric, with the energy concentrated on the right and left sides of the $x$ axis, respectively. In this example, power slopes of the


FIG. 5. (Color online) The $\mathcal{P P} \mathcal{T}$-symmetric complex potential (2.4) in Example 2. (a) $\operatorname{Re}(V)$; (b) $\operatorname{Im}(V)$.


FIG. 6. (Color online) Symmetry breaking of solitons in Example 2. (A) power curves of $\mathcal{P} \mathcal{P} \mathcal{T}$-symmetric (blue) and asymmetric (red) solitons. (B) Enlargement of the left power curves near the bifurcation point (the solid blue line indicates linearly stable branch, and the dashed red line indicate linearly unstable branches). Middle and bottom rows: Profiles of soliton amplitudes at points a-d of the power curve.
base and bifurcated soliton branches have the same sign at the bifurcation point, which is different from Example 1.

Now we discuss linear-stability behaviors of solitons in Example 2. For the base branch of $\mathcal{P} \mathcal{P} \mathcal{T}$-symmetric solitons, they are linearly stable before the bifurcation point and linearly unstable after it, which is similar to Example 1 and is not surprising. To illustrate, linear-stability spectra for the two $\mathcal{P} \mathcal{P} \mathcal{T}$-symmetric solitons at points $a$ and $b$ of the power curve in Fig. 6(B) are plotted in Figs. 7(a) and 7(b), respectively. At point a (before bifurcation), all eigenvalues are imaginary, indicating linear stability. At point $b$ (past bifurcation), a pair of real eigenvalues $\pm 0.3704$ appear, which makes this $\mathcal{P} \mathcal{P} \mathcal{T}$ symmetric soliton linearly unstable. What happens is that when the power of the base branch crosses the bifurcation point, a pair of imaginary eigenvalues collide at the origin and then bifurcate out of the origin along the real axis, creating a $\pm \lambda$ pair of real eigenvalues and hence instability.

The most interesting new phenomena in Example 2 are the linear stability behaviors of asymmetric solitons. We find that both branches of asymmetric solitons are linearly unstable, but origins of their instabilities are different. To demonstrate, linear-stability spectra for the two asymmetric solitons at points c and d of Fig. 6(B) are plotted in Figs. 7(c) and 7(d).


FIG. 7. (Color online) (a-d) Linear-stability spectra for solitons at points a-d of the power curve in Fig. 6(B).

These two spectra are related to each other by mirror reflection around the imaginary axis, as we have pointed out earlier in the text. In addition, eigenvalues of these asymmetric solitons must appear in conjugate pairs $\left(\lambda, \lambda^{*}\right)$, but no other eigenvalue symmetry exists.

The first phenomenon we notice in these spectra is that both asymmetric solitons are linearly unstable due to oscillatory instabilities caused by complex eigenvalues. The second phenomenon is that, even though these spectra contain complex eigenvalues, these eigenvalues do not appear in quartets $\left\{\lambda, \lambda^{*},-\lambda,-\lambda^{*}\right\}$. This contrasts asymmetric solitons in real (conservative) potentials, where complex eigenvalues must appear in quartets.

The third and probably most noteworthy phenomenon in these spectra is that unstable eigenvalues in these two asymmetric solitons have different origins. Indeed, before the bifurcation, $\mathcal{P} \mathcal{P} \mathcal{T}$-symmetric solitons on the base branch have two pairs of simple discrete imaginary eigenvalues [see Fig. 7(a)]. At the bifurcation point, the smaller pair of simple imaginary eigenvalues coalesce at the origin, while the larger pair remain on the imaginary axis. When asymmetric solitons bifurcate out from the base branch, for the one with energy concentrated on the right side (see Fig. 6, at point c), the pair of simple eigenvalues on the imaginary axis moves directly to the right half plane, creating oscillatory instability [see Fig. 7(c)]. The coalesced zero eigenvalues at the origin, on the other hand, move leftward into the complex plane, creating a conjugate pair of stable complex eigenvalues [see Fig. 7(c)]. For the asymmetric soliton with energy concentrated on the left side, the situation is just the opposite [see Fig. 7(d)]. Thus the origin of instability for one branch of asymmetric solitons is due to a pair of simple imaginary eigenvalues moving directly off the imaginary axis, while the origin for the other branch of asymmetric solitons is due to the zero eigenvalue moving to the complex plane.

The above phenomenon of zero and simple imaginary eigenvalues moving directly into the complex plane and creating oscillatory instability in solitons is very novel, since
it contrasts conservative systems with real potentials. In real potentials, linear-stability complex eigenvalues of solitons appear as quartets $\left\{\lambda, \lambda^{*},-\lambda,-\lambda^{*}\right\}$. Partly because of it, bifurcation of complex eigenvalues off the imaginary axis typically occurs through collision of imaginary eigenvalues of opposite Krein signatures (a bifurcation referred to as Hamiltonian-Hopf bifurcation in the literature [49]). In addition, complex eigenvalues (not on the real and imaginary axes) cannot bifurcate from the origin when two simple eigenvalues collide there. But in complex potentials, the situation can be very different as is explained above.

The fourth phenomenon in the spectra of Fig. 7 is that, the maximal growth rates of perturbations in these two asymmetric solitons are different. Indeed the unstable eigenvalues in Fig. 7(c) are $0.0067 \pm 0.7721 i$, giving a growth rate of 0.0067 ; while the unstable eigenvalues in Fig. 7(d) are $0.0090 \pm 0.2692 i$, giving a larger growth rate of 0.0090 . The fifth phenomenon is that these oscillatory instabilities in asymmetric solitons are rather weak due to these small growth rates. This means that these oscillatory instabilities will take long distances to develop.

Of the five phenomena mentioned above, the third and fourth ones are the most fundamental, and they are rarely seen (if ever) for asymmetric solitons arising from symmetrybreaking bifurcations.

Since the two branches of asymmetric solitons have different origins of instability and different growth rates, small perturbations in these solitons will grow differently, leading to nonreciprocal developments of instability. To demonstrate, evolutions of the two asymmetric solitons in Fig. 6 under 1\% random-noise perturbations are displayed in Fig. 8. We see that even though these two asymmetric solitons are related to each other by a mirror reflection (2.9) and are reciprocal, their evolutions under weak perturbations are not reciprocal. Indeed, after 1000 distance units of propagation, they reach similar asymmetric states. This nonreciprocal evolution is most visible in Figs. 8(c) and 8(d), where amplitude evolutions at spatial positions $(x, y)=(-1.2,-1.2)$ and $(1.2,-1.2)$ for the two perturbed asymmetric solitons are plotted respectively. These amplitude evolutions vividly confirm that (a) the two asymmetric solitons are linearly unstable, (b) their instabilities are caused by different unstable modes with different growth rates, and (c) the nonlinear evolutions are nonreciprocal even though the asymmetric solitons are.

In Example 2, when asymmetric solitons bifurcate out, the coalesced zero eigenvalue and the pair of imaginary eigenvalues move in opposite directions in the complex plane, causing instability to both asymmetric solitons [see Figs. 7(c) and 7(d)]. For other potentials and/or nonlinearities, if those eigenvalues bifurcate in the same direction, then one asymmetric soliton would be linearly stable and the other unstable. Such a scenario would be very remarkable. Whether such scenarios exist or not is an open question.

In the above two examples, symmetry breaking was observed for complex potentials of the form (2.4). We have also tried a related class of complex potentials,
$V(x, y)=g^{2}(x)+\alpha g(x)+i g^{\prime}(x)+h^{2}(y)+\beta h(y)+i h^{\prime}(y)$,


FIG. 8. (Color online) Nonreciprocal evolutions of two reciprocal asymmetric solitons in Fig. 6 under $1 \%$ random-noise perturbations in Example 2. First and second rows: Initially perturbed asymmetric solitons and their evolved solutions at $z=1000$. (c,d) Evolutions of solution amplitudes $|\Psi|$ versus $z$ at two spatial positions $(x, y)=(-1.2,-1.2)$ (blue) and $(1.2,-1.2)$ (red) for the two asymmetric solitons of Fig. 6 under perturbations.
where $g(x)$ and $h(y)$ are real even functions, and $\alpha$ and $\beta$ are real constants. This potential is $\mathcal{P} \mathcal{T}$ symmetric, i.e., $V^{*}(x, y)=$ $V(-x,-y)$, and it admits $\mathcal{P} \mathcal{T}$-symmetric solitons. But we did not find symmetry breaking here; i.e., we did not find branches of asymmetric solitons bifurcating from the branch of $\mathcal{P} \mathcal{T}$-symmetric solitons.

Why does symmetry breaking occur in potentials of the form in Eq. (2.4) but not in some others such as Eq. (2.11)? This question is not clear yet. In fact, even for the one-dimensional symmetry-breaking bifurcations reported in Ref. [45], the reason for that symmetry breaking was not entirely clear either. In the 1D case, the forms of potentials for symmetry breaking in $\mathcal{P} \mathcal{T}$-symmetric potentials and for soliton families in asymmetric potentials are the same [32,45]. For those potentials, there is a conserved quantity which, when combined with a shooting argument, helps explain the existence of soliton families in asymmetric complex potentials [33]. That conserved quantity may prove useful to explain symmetry breaking in those 1D potentials as well.

For the present class of 2D potentials, Eq. (2.4), we have found that Eq. (2.1) also admits a conservation law,

$$
\begin{equation*}
Q_{t}+J_{x}+K_{y}=0 \tag{2.12}
\end{equation*}
$$

where

$$
\begin{gathered}
Q=i \Psi\left(\Psi_{x}^{*}-i \hat{g} \Psi^{*}\right), \\
J=\Psi \Psi_{y y}^{*}+\left|\Psi_{x}+i \hat{g} \Psi\right|^{2}-i \Psi \Psi_{t}^{*} \\
+\left(h-\frac{\alpha^{2}}{4}\right)|\Psi|^{2}+\frac{\sigma}{2}|\Psi|^{4} \\
K=\Psi_{y}\left(\Psi_{x}^{*}-i \hat{g} \Psi^{*}\right)-\Psi\left(\Psi_{x}^{*}-i \hat{g} \Psi^{*}\right)_{y},
\end{gathered}
$$

and

$$
\hat{g}(x)=g(x)+\frac{\alpha}{2} .
$$

For solitons (2.2), substituting their functional form into the above conservation law, a reduced conservation law for the soliton function $\psi(x, y)$ can also be derived. For the other class of potentials, Eq. (2.11), however, we could not find such a conservation law. This suggests that there is indeed a connection between the existence of a conservation law and the presence of symmetry breaking of solitons. But this connection in the 2D case would be harder to establish since shooting-type arguments would break down.

In 1D, symmetry breaking in symmetric potentials and existence of soliton families in asymmetric potentials occur in complex potentials of the same form [32,45]. This invites a natural question: for the class of 2D complex potentials (2.4) which admits symmetry breaking, if these potentials are not $\mathcal{P} \mathcal{T} \mathcal{T}$ symmetric, i.e., if $g(x)$ is real but not even, can they support continuous families of solitons? The answer is positive as our preliminary numerics have shown.

## III. SUMMARY AND DISCUSSION

In this article, we reported symmetry breaking of solitons in the nonlinear Schrödinger equation with a class of twodimensional $\mathcal{P} \mathcal{P} \mathcal{T}$-symmetric complex potentials (2.4). At the bifurcation point, two branches of asymmetric solitons bifurcate out from the base branch of $\mathcal{P \mathcal { P } \mathcal { T } \text { -symmetric }}$ solitons, and this bifurcation is quite surprising. Stability of these solitons near the bifurcation point was also studied. In the two examples we investigated, we found that the base branch of symmetric solitons changes stability at the bifurcation point, and the bifurcated asymmetric solitons are unstable. For the asymmetric solitons, two novel stability properties were further revealed. One is that, at the bifurcation point, the zero and simple imaginary linear-stability eigenvalues of asymmetric solitons can move directly into the complex plane and create oscillatory instability. The other is that the two bifurcated asymmetric solitons, even though having identical powers and being related to each other by spatial mirror reflection, can have different origins of linear instability and thus exhibit nonreciprocal nonlinear evolutions under random-noise perturbations.

We should point out that the complex potentials (2.4) possess a single $(\mathcal{P} \mathcal{P} \mathcal{T})$ symmetry; thus they must be in that
special form in order for symmetry breaking to occur. If a complex potential exhibits more than one spatial symmetry, say double $\mathcal{P} \mathcal{P} \mathcal{T}$ symmetries,

$$
V^{*}(x, y)=V(-x, y), \quad V^{*}(x, y)=V(x,-y)
$$

or one $\mathcal{P} \mathcal{T}$ and one $\mathcal{P} \mathcal{P} \mathcal{T}$ symmetry, say

$$
V^{*}(x, y)=V(-x,-y), \quad V^{*}(x, y)=V(-x, y)
$$

then this potential can admit symmetry breaking without the need for special functional forms (this prospect has been mentioned in Ref. [44] and confirmed by our own numerics). When symmetry breaking occurs in such doublesymmetry potentials, the base branch of solitons respects both symmetries of the potential, while the bifurcated solitons lose one symmetry but retain the other. The simple mathematical reason for symmetry breakings in double-symmetry potentials is that the infinitely many analytical conditions for symmetry breaking in Ref. [44] are all satisfied automatically due to the remaining symmetry of the bifurcated solitons. That situation is fundamentally different from symmetry breakings in potentials of special forms such as Eq. (2.4), which admit a single spatial symmetry. The mathematical reason for symmetry breaking in single-symmetry potentials of special functional forms such as Eq. (2.4) is still not clear.

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## APPENDIX: NUMERICAL METHOD FOR COMPUTING SOLITONS IN COMPLEX POTENTIALS

In this Appendix, we describe the Newton-conjugategradient method for computing solitons in Eq. (2.3) with a complex potential.

The general idea of the Newton-conjugate-gradient method is that, for a nonlinear real-valued vector equation,

$$
\begin{equation*}
\mathbf{L}_{0}(\mathbf{u})=0 \tag{A1}
\end{equation*}
$$

its solution $\mathbf{u}$ is obtained by Newton iterations

$$
\begin{equation*}
\mathbf{u}_{n+1}=\mathbf{u}_{n}+\Delta \mathbf{u}_{n} \tag{A2}
\end{equation*}
$$

where the updated amount $\Delta \mathbf{u}_{n}$ is computed from the linear Newton-correction equation

$$
\begin{equation*}
\mathbf{L}_{1 n} \Delta \mathbf{u}_{n}=-\mathbf{L}_{0}\left(\mathbf{u}_{n}\right), \tag{A3}
\end{equation*}
$$

where $\mathbf{L}_{1 n}$ is the linearization operator $\mathbf{L}_{1}$ of Eq. (A1) evaluated at the approximate solution $\mathbf{u}_{n}$. If $\mathbf{L}_{1}$ is self-adjoint, then Eq. (A3) can be solved directly by preconditioned conjugategradient iterations [47,48,50]. But if $\mathbf{L}_{1}$ is non-self-adjoint, we first multiply it by the adjoint operator of $\mathbf{L}_{1}$ and turn it into a normal equation,

$$
\begin{equation*}
\mathbf{L}_{1 n}^{A} \mathbf{L}_{1 n} \Delta \mathbf{u}_{n}=-\mathbf{L}_{1 n}^{A} \mathbf{L}_{0}\left(\mathbf{u}_{n}\right) \tag{A4}
\end{equation*}
$$

which is then solved by preconditioned conjugate gradient iterations.

For Eq. (2.3), we first split the complex function $\psi$ and the complex potential $V$ into their real and imaginary parts:

$$
\psi=\psi_{1}+i \psi_{2}, \quad V=V_{1}+i V_{2}
$$

Substituting these equations into Eq. (2.3), we obtain two real equations for $\left(\psi_{1}, \psi_{2}\right)$ :

$$
\begin{aligned}
& \nabla^{2} \psi_{1}+\left(V_{1}-\mu\right) \psi_{1}-V_{2} \psi_{2}+\sigma\left(\psi_{1}^{2}+\psi_{2}^{2}\right) \psi_{1}=0 \\
& \nabla^{2} \psi_{2}+\left(V_{1}-\mu\right) \psi_{2}+V_{2} \psi_{1}+\sigma\left(\psi_{1}^{2}+\psi_{2}^{2}\right) \psi_{2}=0
\end{aligned}
$$

These two real equations are the counterpart of Eq. (A1) for the vector function $\mathbf{u}=\left[\psi_{1}, \psi_{2}\right]^{T}$, where the superscript $T$ represents the transpose of a vector. The linearization operator of the above nonlinear equations is

$$
\mathbf{L}_{1}=\left[\begin{array}{ll}
L_{11} & L_{12} \\
L_{21} & L_{22}
\end{array}\right]
$$

where

$$
\begin{aligned}
& L_{11}=\nabla^{2}+V_{1}-\mu+\sigma\left(3 \psi_{1}^{2}+\psi_{2}^{2}\right) \\
& L_{12}=2 \sigma \psi_{1} \psi_{2}-V_{2} \\
& L_{21}=2 \sigma \psi_{1} \psi_{2}+V_{2} \\
& L_{22}=\nabla^{2}+V_{1}-\mu+\sigma\left(3 \psi_{2}^{2}+\psi_{1}^{2}\right) .
\end{aligned}
$$

This linearization operator is non-self-adjoint; thus the Newton correction is obtained from solving the normal equation (A4), where the adjoint operator of $\mathbf{L}_{1}$ is

$$
\mathbf{L}_{1}^{A}=\mathbf{L}_{1}^{T}=\left[\begin{array}{ll}
L_{11} & L_{21} \\
L_{12} & L_{22}
\end{array}\right] .
$$

For Eq. (2.3), the preconditioner in conjugate-gradient iterations for solving the normal equation (A4) is taken as

$$
\mathbf{M}=\operatorname{diag}\left[\left(\nabla^{2}+c\right)^{2},\left(\nabla^{2}+c\right)^{2}\right]
$$

where $c$ is a positive constant (which we take as $c=3$ in our computations).

While the above numerical algorithm is developed for real functions ( $\psi_{1}, \psi_{2}$ ), during computer implementation, it is more time-efficient to recombine $\left(\psi_{1}, \psi_{2}\right)$ into a complex function $\psi$, so that the derivatives of $\left(\psi_{1}, \psi_{2}\right)$ can be obtained simultaneously from $\psi$ by the fast Fourier transform. Correspondingly, linear operators $\mathbf{L}_{1}$ and $\mathbf{L}_{1}^{A}$ acting on real vector functions are combined into scalar complex operations as well. Due to this recombination, the code also becomes more compact.

In the Supplemental Material of this article [51], a sample MATLAB code is provided for the computation of an asymmetric soliton in Example 1 at $\mu=2.4$ (see Fig. 2, at point c). On a desktop PC (Dell Optiplex 990 with CPU speed 3.3 GHz), this code takes 192 conjugate-gradient iterations and under 1.5 s to finish with solution accuracy below $10^{-12}$.
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[51] See Supplemental Material at http://link.aps.org/supplemental/ 10.1103/PhysRevE. 91.023201 for a MATLAB code of this numerical algorithm for the computation of an asymmetric soliton in Example 1 at $\mu=2.4$ (see Fig. 2, point "c").

