

DEBORAH M. HINCHEY

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EDUCATION

Doctor of Education (EdD): Educational Leadership and Policy Studies, University of Vermont, December 2023

- Dissertation Title: High School Nutrition Education in Vermont: An Exploratory Case Study

Master of Public Health (MPH): Community-Oriented Public Health Practice, University of Washington, June 2006

Bachelor of Arts (BA) with Distinction: Communications, University of Calgary, April 2000

TEACHING EXPERIENCE

Director – Public Health Sciences Program, University of Vermont

Aug 2019-present

Senior Lecturer – Biomedical and Health Sciences, University of Vermont

Aug 2018-present

Courses Taught:

- Introduction to Public Health
- Health Communication
- Program Planning and Evaluation in Health
- Internship
- Investigating Diseases: From Biology to Policy (Honors Seminar)
- Capstone/Fieldwork: experiential and service-focused culminating experience that works in partnership with local community organizations to meet the needs of communities

Senior Lecturer – Health Services, University of Washington School of Public Health, Seattle, WA

Aug 2017-Aug 2018

Clinical Instructor – Health Services, University of Washington School of Public Health, Seattle, WA

Jan 2013-July 2017

Courses Taught:

- Public Health Senior Capstone Jan 2013-July 2018
- Honors Seminar in Public Health Sept 2013-June 2018
- Internship in Public Health Sept 2013- June 2018
- Population Health (Community-Oriented Public Health Practice MPH Program) Sept 2015- June 2018

Other Teaching:

Fellowship Leader – Evidence-Based Teaching, University of Vermont

Sept 2019-May 2020

- Developed and led a year-long fellowship to support faculty in incorporating evidence-based practices into their teaching

Instructor – Governor’s Institutes of Vermont

February 2019

- Developed curriculum for and taught a weekend intensive course for Vermont high school students to learn about Public Health and Epidemiology

Instructor - Summer Health Professions Education Program

June/July 2016-2018

- Develop curriculum for and taught sessions in 6-week long program for underrepresented college freshmen and sophomores interested in health professions
- Guided students through the process of mapping community assets and assessing the impact of place on health outcomes
- Actively participated in a competitive admissions process

Fellow - Evidence-Based Teaching Initiative

Sept 2016-June 2018

- Work with faculty from across the University of Washington to explore and implement the current research on best practices in teaching

Session leader - Teaching, Learning, Sharing Faculty Development Series

Dec 2015

- Session title: “Starting With the End in Mind: Developing Learning Outcomes to Guide Curriculum Development”

Session Leader - University of Washington Upward Bound

June 2015, 2018

- Title: “Place Matters: Examining the Impact of Place on Health Outcomes”

HONORS AND AWARDS

- Provost Fellow for Community-Engaged Learning: University of Vermont, September 2022-present
- Dean’s Award for Excellence in Teaching: University of Vermont College of Nursing and Health Sciences, May 2024
- Outstanding New Service-Learning Faculty Award: University of Vermont Office for Community-Engaged Learning, 2022
- Kroepsch-Maurice Teaching Award nominee: University of Vermont, 2020-2021
- Outstanding Campus Program Award: Jesuit Association of School Personnel Administrators, March, 2011.
- Best Peer Health Education Program Regional Award: BACCHUS Peer Health Education Network, May, 2009.

OTHER PROFESSIONAL EXPERIENCE

Health Education Consultant, Upstream Health LC3 September 2022-Present

- Lead Milton Town School stakeholders through a process of re-envisioning elementary, middle and high school health curriculum

Director of Student Affairs, University of Washington School of Public Health, Seattle, WA Jan 2012-July 2013

- Managed school-wide efforts in the SPH that enhanced the student experience in undergraduate and graduate programs; supervised 3 staff members and provided support to student services staff across the school
- Oversaw public health student service-learning and community-based placements, including the MPH student practicum program, inter-professional volunteer opportunities within the health sciences, school-wide service days and others
- Managed prospective student outreach and recruitment efforts, specifically with the goal of increasing diversity of the student population in the SPH
- Provided opportunities for students to explore career options and develop career decision-making skills; partnered to offer skill-building workshops and met with students 1-1 for resume and cover letter review and interview preparation
- Advised the Student Public Health Association and advocated for student needs
- Directed the organization and implementation of school-wide student life events including New Student Orientation, SPH Graduation, SPH Awards and Community Celebration, quarterly Diversity events, Prospective Student Day(s), Student/Faculty Networking and school-wide community building events

Director of Health Promotion, Seattle University, Seattle, WA July 2006-Jan 2012

- Established Seattle University’s (SU) first Office for Wellness and Health Promotion with a mission to “enhance the health and well-being of the Seattle University community by supporting good health practices and promoting healthy and sustainable behavior through education, prevention, collaboration and peer support”
- Developed curriculum for and taught undergraduate sanctioning classes and workshops addressing issues pertinent to college students including alcohol and other drugs, sexual assault, stress management, sexual health and nutrition; provided trainings to staff and faculty interested in teaching the curriculum
- Created and maintained Seattle University’s first Peer Health Education Team; recruited, interviewed and provided ongoing training, mentoring and supervision to undergraduate students serving as volunteer health educators. Provided direction and leadership to the Team to develop and implement health and wellness awareness campaigns, workshops, and campus wide programs and events
- Developed, implemented and evaluated all health promotion programming on campus, which included conducting needs assessments, serving as a resource for students, managing web and social networking sites, strategic planning, collaborating with other departments as well as professionals from other colleges, researching current trends and best practices in college health, and advocating for student needs

- Served in various leadership roles across campus as well as state-wide including co-chairing the Student Development Assessment Working Group, acting as the Divisional Sustainability Representative, and hosting regional substance abuse and peer health educator conferences
- Supervised and mentored Graduate Assistants and part-time work-study students, oversaw graduate student projects and internships, developed and monitored annual budget and managed all aspects of the office

Research Assistant, Northwest Center for Public Health Practice, Seattle, WA

Sept 2004-June 2006

- Worked with the Regional Academic Center for Environmental Health to develop content for an on-line training module in program evaluation for environmental health professionals
- Collaborated with faculty members and staff to assess training needs and gaps in environmental health services
- Developed questionnaires and conducted interviews with environmental health professionals, researched current public health issues, and developed website content as well as marketing materials
- Worked with Director to plan, implement and evaluate the first annual University of Washington/University of British Columbia/Simon Fraser University *Public Health Symposium: US/Canada Academic Collaboration in the Pacific Northwest*, a public health cross-border conference focused on maintaining current and developing future cross-border collaborations. Duties included working with faculty and staff from University campuses, program development, marketing, networking, budgeting and overall logistics.

Executive Director, Abbotsford Youth Commission, Abbotsford, BC, Canada

June 2001-May 2003

- Managed a non-profit youth agency while providing leadership, supervision and training to staff, volunteers and youth (10+ staff, 50+ volunteers, numerous youth) with the mandate to “identify, promote, improve and increase services and programs for youth aged 12-19”
- Researched current trends in youth development and developed and facilitated initiatives while increasing or maintaining attendance at all programs
- Trained staff and University practicum students in program implementation and group facilitation
- Collaborated with community agencies, conducted outreach/presentations, raised awareness about new programs and services, fundraised, monitored budget, and acted as a community resource
- Developed 4 new programs within the first year as well as several recreational events including: a girl’s physical activity and nutrition program, a self-esteem building program for boys, an annual Community Youth Fair and a community forum and workshop addressing issues of youth sexual exploitation and substance abuse

RESEARCH PROJECTS AND FUNDING

- Co-Investigator, Title: Examining Weight Inclusivity in High School Nutrition Education Curriculum and Policies in Vermont (2022-Present)
- Weight-Inclusive Nutrition Research Group (2022-Present)
- One UVM: amount: \$5000 (2022)
 - Internal grant to develop a summer internship program for students interested in exploring the field of public health, 2022
- Deans Innovation Grant, CNHS (UVM): amount: \$5000 (2019-2020)
 - Grant from the Dean of the College of Nursing and Health Sciences to develop and lead a year-long fellowship to support faculty in incorporating evidence-based practices into their teaching

PUBLICATIONS AND PRESENTATIONS

Publications:

- Gamble, J, **Hinchey, D**, Rose, K, Garnett, B, Pope, L. (2025) Weight-Inclusive Nutrition Education in Schools: Deconstructing the Weight-Normative Narrative (under review)
- **Hinchey, D.**, Garnett, B., Gamble, J. and Pope, L. (2025), Exploring weight inclusive vs. weight-normative approaches in high school nutrition education, *Health Education*, Vol. ahead-of-print No. ahead-of-print. <https://doi.org/10.1108/HE-04-2024-0046>

- **Hinchey D**, Garnett BR, Gamble J, Pope L. (2024) Support for a Weight-Inclusive Curriculum? Exploring Partner Perspectives and Influences on Nutrition Education in Vermont High Schools. *J Sch Health*. doi: 10.1111/josh.13510. Epub ahead of print. PMID: 39445379.
- Mackenzie SLC, **Hinchey DM** and Cornforth KP (2019) A Public Health Service-Learning Capstone: Ideal for Students, Academia and Community. *Front. Public Health* 7:10. doi: 10.3389/fpubh.2019.00010
- Osaki C, **Hinchey D**, and Harris J (2007). Using 10-Essential-Services Training to Revive, Refocus, and Strengthen Your Environmental Health Programs. *Journal of Environmental Health*, 70(1):12-15, 63.

Conference Presentations:

- **Hinchey, D**, “Integrating Public Health Across Disciplines: An Experiential Capstone.” Association of Schools and Programs of Public Health, March 2025
- **Hinchey, D**, “Exploring High School Nutrition Education in Vermont.” Schooling Food Seminar, Monash University, Australia (remote), October, 2024.
- **Hinchey, D**, “Weight-Inclusive Nutrition Curriculum: A Case Study in Vermont.” American Public Health Association Conference, November 2023.
- Mackenzie, S, **Hinchey, D**, Meischke, H and Fischer, M, “Innovative Linkages between Academic and Practice Partners in Public Health.” American Public Health Association Conference, November 2018.
- **Hinchey, D.**, and Mackenzie, S.; “Undergraduate Public Health Education: A Tool to Advance Health Equity.” American Public Health Association Conference, November 2017.
- Mackenzie, S, **Hinchey, D**, “Undergraduate Public Health Education: A Resource for Building Healthy Communities.” Washington State Public Health Association Conference, October 2017.
- Maglalang, J., Pursch-Cornforth, K. and **Hinchey, D**; “Service-Learning as a Tool for Pre-Professional Training in the Health Sciences.” Continuums of Service Conference, April 2015.
- **Hinchey, D.**, Mackenzie, S; “Transforming the Undergraduate Senior Capstone.” Undergraduate Education for Public Health Summit. Association of Schools and Programs of Public Health, Nov 2014.
- Tat, S and **Hinchey, D**; “Teaching Health Equity to High School Students.” Poster presentation; American Public Health Association Conference, Nov, 2014.
- **Hinchey, D.**, Pursch-Cornforth, K, Mackenzie, S; “Service-Learning and Undergraduate Public Health: the Power of Partnerships and Communities to Transform Education.” Community-Campus Partnerships for Health 13th international conference, May 2014.
- Colling, S., **Hinchey, D.**, and Mackenzie, S.; “A University, a Health Department and a High School Walk into an Intervention: Engaging High School Youth in Social Determinants of Health.” Undergraduate Education for Public Health Summit. Association of Schools and Programs of Public Health. Nov 2013.
- **Hinchey, Deborah** and Royston, Jill: “Sexual Health Education on Jesuit Campuses: Challenges and Strategies.” BACCHUS Network National Peer Health Education Conference, November, 2011.
- **Hinchey, Deborah** and Hamachek, Ryan: “Men’s Role in Ending Violence Against Women.” Regional Conference on Sexual Assault, University of Puget Sound, April 2008.

GRADUATE STUDENT ADVISING AND MENTORING

MPH Advisor:

- Taylor Murray (current): Weight-Inclusive Nutrition and Youth Sport Coaches
- Alix Warren (2018): Needs assessment of Sexual and Reproductive Health Services in Washington State
- Maria Blancas (2017): “Building Community Capacity” assessing the training needs of community health workers
- Miranda Vargas (2016): “Developing an Anti-Racist Toolkit for Academic Programs”
- Susan Tat (2014): “Leveraging Academic-Community Partnerships to Teach High School Students Public Health”
- Sara Colling (2013): “Owning Equity: Fostering Community Engagement in the County’s Equity and Social Justice Initiative”

First-Year MPH Student Advising (UW):

- Alix Warren (2016-17)

MPH Practicum Site Supervisor (UW):

- Brenda Martinez (2016): “Teaching Health Equity and Public Health to High School Students”
- Elliott Smith (2015): “Teaching Health Equity and Public Health to High School Students”

UNIVERSITY SERVICE

University of Vermont

- Advisory Board Member, Office of Community-Engaged Learning, 2018-Present
- Advisor, Public Health Advocacy Club (student club), 2022-Present
- Advisor, Vermont Student Association for Public Health (student club), January 2019-Present
- Member, Kroepsch-Maurice Excellence in Teaching Award Committee, 2022-present (3 year term)
- Member, Reappointment, Promotion and Tenure Committee - College of Nursing and Health Sciences, September 2022-present
- Guest Lecture, EDRM 6990, Advanced Qualitative Research: Case Study, April 2025
- Guest lecture, Communication Sciences and Disorders, “Social Determinants of Health,” November 2019, 2020, 2021, 2022, 2023, 2024
- Member, Vision and Mission Committee - College of Nursing and Health Sciences fall 2022
- Member, Public Health Sciences/UVM Cancer Center Tenure-Track Faculty Search Committee, June 2022-December 2023
- Chair, Title IX Sexual Violence Internship Work Group and Search Committee, July 2021-May 2023
- Co-Chair, Public Health Sciences Tenure-Track Faculty Search Committee, September 2021-March 2021
- Member, Workload Taskforce - College of Nursing and Health Sciences, February 2021-present
- Member, Dean - College of Nursing and Health Sciences Search Committee, February 2020-December 2020
- Chair, Health Sciences Lecturer Search Committee, October 2019-May 2020
- Member, College of Nursing and Health Sciences Assessment Committee, September 2018-September 2020
- Faculty Fellow for Service Learning, January 2019-June 2019

University of Washington

- Panelist, UW College of the Environment Meet, Greet, Teach series: “Bridge to Somewhere – A Conversation on Interdisciplinary Approaches to Teaching,” January 2017
- Admission committee member, Community-Oriented Public Health Practice program, 2015-July 2018
- UW School of Public Health Double Eagle Endowed Scholarship selection committee member, 2015- July 2018
- UW School of Public Health Rattling gourd Endowed Scholarship selection committee member, 2015- July 2018
- School of Public Health Faculty Marshal, University of Washington Commencement Ceremony, June 2015
- School of Public Health Diversity Committee co-chair, 2012-2013
- MPH curriculum review committee member 2012-2013

PROFESSIONALLY RELATED SERVICE

- Member, Williston Schools Safety Committee (k-8), September 2022-present
- Abstract reviewer, American Public Health Association Annual Conference, 2024
- Board Member, Vermont Public Health Association, May 2019-September 2020
- Member, Healthy King County Coalition, health equity workgroup, November 2016-June 2018
- State Coordinator, BACCHUS Peer Health Education Network, March 2011-January 2012
- Steering Committee Member, WA State College Coalition for Substance Abuse Prevention, September 2008-January 2012
- Selection Committee Member, National Association of School Personnel Administrators Excellence Awards – health, wellness and counseling, Fall 2009
- Member, September 2018-present: Vermont Public Health Association
- Member, September 2014-present: American Public Health Association

