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# JANET GAMBLE

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Shelburne VT • 406-580-7626 • janet.k.gamble@gmail.com

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## SUMMARY

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PhD student, University educator, registered dietitian, past Olympian, and trained culinarian.

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## EDUCATION

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**Doctor of Philosophy, Food Systems (PhD)**, *University of Vermont (USA)*, expected 2026

**Associate of Applied Science in Culinary Arts**, *Montana State University (USA)*, 2022

**Registered Dietitian (RD)**, *Licensed in the State of Montana (USA)*, 2014-present

**Bachelor of Science (Food & Nutrition)**, *University of Prince Edward Island (Canada)*, 2013

**Master of Teaching (MTeach)**, *Griffith University (Australia)*, 2006

**Bachelor of Arts (Physical Anthropology)**, *McMaster University (Canada)*, 2002

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## EXPERIENCE

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**Graduate Teaching Research Assistant** • *University of Vermont* • USA • 2022-present

**University Professor of Practice (Nutrition)** • *Montana State University* • USA • 2014-present

- Demonstrated proficiency in both face-to-face and online nutrition courses
- Details: n = # of students; instructor rating (5 = excellent, 0 = unacceptable)
  - Basic Human Nutrition (*n = 1,690; 4.6*)
  - Nutrition & Society (*n = 345; 4.7*)
  - Micronutrient Metabolism (*n = 180; 4.9*)
  - Food Fundamentals (*n = 120; 4.6*)
  - Culinary Marketing (*n = 40; 5*)
  - Farm to Market (*n = 24; 5*)

**Professional Culinary Experience** • 2017-present

- Yellowstone Club • *Private ski & golf community; employee* • Montana, USA
- Trattoria dei Mosto • *Michelin Star dining; stagiaire* • Genoa, Italy
- Gallatin Valley Food Bank • *USDA Summer Food Service Program; employee* • Montana, USA
- The Armory Hotel & Restaurants • *fine dining; stagiaire* • Montana, USA
- Fork & Spoon • *pay-what-you-can restaurant; employee* • Montana, USA

**Addiction Counseling Program Coordinator** • *Montana State University* • USA • 2017-present

- Including: enquiries, admissions, applications, registration, webpage, database & marketing

**Secondary School Teacher** • *Tommy Douglas Collegiate* • Canada • 2007-2010

- Responsible for teaching chemistry, science and physical education

**Primary School Teacher** • *Brevoort Park School* • Canada • 2006-2007

- Responsible for teaching English and history

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## PUBLICATIONS & AWARDS

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**PhD Student Scholarship** • *University of Vermont* • 2022-2026

**Research Associate** • *Food and Health Lab, Montana State University* • 2016-2018

- Byker Shanks, C., Bark, K., Stenberg, M., **Gamble, J.**, & Parks, C. (2020) Milk consumption and waste across five Montana high school lunch programs. *Journal of School Health*, 90(9), 718-723.
- Roth, A., Byker Shanks, C., **Gamble, J.**, Halloran, K., Bass, T., & Schumacher, J. (2016) Beef to school: Mooving forward together. *Poster for National Farm to Cafeteria Conference*. Madison, WI. (<https://www.montana.edu/mtfarmtoschool/beeftoschool.html>)

**Students for Development** • *Member of the Kenyan Research Development Team* • 2012

- Field Research funded by The Canadian International Development Agency

**Research Assistant** • *School Nutrition and Activity Project, University of PEI* • 2011

- Canadian Institutes of Health Research (CIHR) Health Professional Student Research Award

### Academic and Athletic Awards

- Yellowstone Club Culinary Arts Scholarship • *Montana State University* • 2021
- Lydia Gordan Memorial Academic Scholarship • *University of PEI* • 2012
- Neil and Lila MacLeod Memorial Athletic Scholarship • *University of PEI* • 2011

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## MY IDIOSYNCRASIES

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**Avid reader** • *Favorite book of 2022: Decade of the Wolf: Returning the Wild to Yellowstone*

**Culinary fanatic** • *Go-to meal: lamb tagine* • *Best restaurant experience: Leib Restoran in Estonia*

**Experienced traveler** • Lived, worked and travelled to 25+ countries

**Outdoor enthusiast** • Always smiling when I am hiking, mountain biking, skiing and/or sailing

**Proud moments** • Making the 2000 Canadian Olympic swim team, 1999 Pan-Pacific Games, 1998 world swimming championships, horse-back riding in Kyrgyzstan

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## REFERENCES

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**1. Dr. Lizzy Pope** • *Associate Professor & Director of the Didactic Program in Dietetics at University of Vermont* • [efpope@uvm.edu](mailto:efpope@uvm.edu)

**2. Dr. Carmen Byker-Shanks** • *Principal Research Scientist at Gretchen Swanson Center for Nutrition* • [cbykershanks@montana.edu](mailto:cbykershanks@montana.edu)